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Award Number: W81XWH-08-2-0202

TITLE: P11, a biomarker for memory retrieval: a possible role in traumatic stress

PRINCIPAL INVESTIGATOR: Lei Zhang, M.D.

CONTRACTING ORGANIZATION: Henry M. Jackson Foundation for the Advancement of
                                              Military Medicine
                                              Rockville, MD 20852

REPORT DATE: October 2012

TYPE OF REPORT: Ü^çã^åÁAnnual

PREPARED FOR: U.S. Army Medical Research and Materiel Command
                            Fort Detrick, Maryland 21702-5012

DISTRIBUTION STATEMENT: Approved for Public Release;
                                         Distribution Unlimited

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REPORT DOCUMENTATION PAGE

1. REPORT DATE	2. REPORT TYPE	3. DATES COVERED
October 2012	Ü^çã^åÁAnnual	15 September 2011 – 14 September 2012

4. TITLE AND SUBTITLE

P11, a biomarker for memory retrieval: a possible role in traumatic stress

5a. CONTRACT NUMBER

5b. GRANT NUMBER
W81XWH-08-2-0202

5c. PROGRAM ELEMENT NUMBER

6. AUTHOR(S)

Lei Zhang, M.D.

5d. PROJECT NUMBER

5e. TASK NUMBER

5f. WORK UNIT NUMBER

E-Mail: |^åÈ@æ)ˇO˘•ˇ@Ëåˇ

7. PERFORMING ORGANIZATION NAME(S) AND ADDRESS(ES)

Henry M. Jackson Foundation for the Advancement of Military Medicine
Rockville, MD 20852

8. PERFORMING ORGANIZATION REPORT NUMBER

9. SPONSORING / MONITORING AGENCY NAME(S) AND ADDRESS(ES)
U.S. Army Medical Research and Materiel Command
Fort Detrick, Maryland 21702-5012

10. SPONSOR/MONITOR'S ACRONYM(S)

11. SPONSOR/MONITOR'S REPORT NUMBER(S)

12. DISTRIBUTION / AVAILABILITY STATEMENT
Approved for Public Release; Distribution Unlimited

13. SUPPLEMENTARY NOTES

14. ABSTRACT

[The abstract text is rendered in a corrupted/unreadable character encoding and cannot be reliably transcribed.]

15. SUBJECT TERMS
P11 Knockout mice

16. SECURITY CLASSIFICATION OF:			17. LIMITATION OF ABSTRACT	18. NUMBER OF PAGES	19a. NAME OF RESPONSIBLE PERSON USAMRMC
a. REPORT	b. ABSTRACT	c. THIS PAGE			19b. TELEPHONE NUMBER *(include area code)*
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INTRODUCTION

Subject: Pre-clinical and clinical studies have shown the important role of p11 in Post-Traumatic Stress Disorder (PTSD) (Zhang 2008, 2009. CSTS, News From the Center, 2008; CSTS, 2008 Annual Report; Army Annual Report 2009; Psychiatric News Oct 2, 2009; Military Medical News, 2012: http://www.militarymedical.com/?p=1838; and The Official USU Newsletter Volume 7, Issue 6 www.usuhs, 2012). P11, also known as S100A10, is a protein encoded by the S100A10 gene in humans and is a member of the S100 family of proteins containing two EF-hand calcium-binding motifs, which are localized in the cytoplasm and/or nucleus in a wide range of cells (Santamaria-Kisiel et al., 2006). P11 is associated with both depression (Svenningsson et al., 2006) and PTSD (Zhang et al., 2008; Su et al., 2009). The evidence from animal studies supports the view that stress influences learning and memory (de Quervain et al., 1998) and increases p11 expression in the brain (Zhang et al., 2008). The most common characteristic of PTSD is the re-experiencing syndrome, wherein the patient's memory seems to be fixed on a traumatic event such that the processing of non-trauma-related memories is often impaired. Therefore, these results led us to hypothesize that p11 might play an important role in memory. It is found that footshock given 30 minutes before memory testing impaired rats' retention performance in a water-maze spatial task, compared to non-stressed controls. This impaired retention performance corresponded to the levels of circulating corticosterone at the time of retention testing. In addition, the stress-induced retention impairment was blocked by metyrapone, a synthetic inhibitor of corticosterone. Furthermore, systemic corticosterone administered to non-stressed rats 30 min before retention testing induced dose-dependent retention impairment (de Quervain et al., 1998). Finally, glucocorticoid increases p11 expression *in vitro* through glucocorticoid response element sites in the p11 gene promoter (Zhang et al., 2008). Therefore, we will use wild type and p11 knock-out mice in this study to elucidate the possible role of p11, which can be regulated by glucocorticoid, in memory retrieval with the objective of facilitating the development of a therapeutic intervention for stress related disorder PTSD.

Purpose: Our immediate objective is to use the p11 knockout stressed animal model, which was developed in our laboratory, in collaboration with the Jackson Laboratory, to investigate the role of p11 in memory. Our study will provide an opportunity to determine the possible mechanism of stress-induced changes of retrieval memory, which are mediated by p11 and glucocorticoids. This information may translate into knowledge that will help to develop medicines for PTSD treatment. Military personnel who are exposed to trauma at higher-than-average frequencies need to have an efficient medicine to help minimize PTSD. The evaluation for the effect of p11 regulated by glucocorticoid on memory may provide an alternative and/or adjunctive therapy for PTSD seen in military psychiatry.

Scope:
•   Innovation: This study will provide information about the molecular mechanism underlying memory in stress and fill a knowledge gap in the current research on PTSD. Such knowledge may facilitate the development of novel pharmacological interventions for the treatment of PTSD.
•   Intervention: Administration of glucocorticoid agents targeting p11 gene may provide treatment of fear memory in PTSD while minimizing side effects.
•   Application: Interventions of p11 gene expression have the potential for use both in military populations (those on active duty, reservists and veterans) and in civilian populations exposed to traumatic stress (natural disasters, vehicle crashes, etc.).

BODY

Task 1: Animal protocol approvals and P11 knockout mice model

Announcement of Concept Award W81XWH-08-2-0202 to Lei Zhang 2008. The Certificate of Environmental Compliance for this project was awarded by the USUHS Environmental Compliance Officer in 2008 and the PI Assurance Document was signed April 29, 2008. Our animal protocol was approved on September 29, 2008. A copy of the IACUC approved animal protocol was submitted to the USAMRMC ACURO for review and received ACURO approval. ***In 2012, we extended our p11 knockout animal protocol, A Biomarker for Memory Retrieval: A Possible Role in Traumatic Stress.*** All animal experiments were performed in accordance with our new protocol under institutional guidelines after obtaining the approval of the Institutional Animal Care and Use Committee (IACUC). We have continued to develop our p11 knockout mice. Since this experiment is using p11 knockout mice and the mouse is not available in the market, we have to develop a p11 knockout

The p11 knockout mice are one of important tools to learn more about p11 gene function. Within the last year, we continue to try to develop p11 knockout mice colony using a conditional knock-out approaches to accomplish our Task one. Thus, p11 knockout creates a model which mimics human conditions to study PTSD, stress, particularly the memory. We conducted the following experimental approaches to obtained p11 knockout mice (conditional S100A10-null mice): Exon 2 of p11 was flanked by loxP sites. Exon 2 is the first translated region of the S100A10 gene. A 200 base pair probe for p11 was prepared by PCR, using 129-derived embryonic stem cell DNA as a template with primers (5'-gccaactggagcactggtacccc-3' and 5'-ggatacaaacaatataaaactcagaagc-3'). This probe was used to identify genomic clones from an RCPI-22 129S6/SvEvTac mouse bacterial artificial chromosome (BAC) library. The targeting vector was derived from two overlapping BamHI and ApaI genomic subclones that contained both exons 2 and 3 of p11. The 5' arm is the 4412 bp BamHI–XbaI fragment upstream of exon 2. The loxP-flanked (floxed) exon 2 was obtained as a 990 bp XbaI–ApaI fragment. The 3' arm is the 6422 ApaI–XmaI fragment downstream of exon 2. The three genomic fragments were inserted into a plasmid containing two loxP sites and an FLP recombination target-flanked [FRT-flanked (flrted)] neo cassette. The complete targeting vector was linearized and electroporated into 129-derived embryonic stem cells and screened, using 5' and 3' external probes for Southern blot. Two correctly targeted clones were injected into C57BL/6J blastocysts to generate chimeras. These chimeras were crossed to C57BL/6 animals. This was followed by a cross to FLPe deleter mice to excise the positive selection marker. Correct targeting was confirmed by Southern blot. The numbers of knockout mouse, which we are breeding to establish a colony in the current year, are showed in Table 1.

Secondly we have also conducted behavioral phenotyping when we were breeding the mice. Due to pleiotropic effects, one gene may have different functions in different organ systems or time points during development. Therefore, p11 knockout have to be phenotyped to enable the detection of phenotypes which might otherwise remain hidden. Particularly we observe the behavioral phenotype. Animal behavior can be viewed as the outward manifestation of an orchestrated and complex functioning of the central nervous system and of its interactions with the internal and external environment. In the context of functional mouse genetics, behavioral phenotype methods are applied to detect CNS dysfunctions that are relevant to human neuropsychiatric disorders such as post-traumatic stress disorder, and other anxiety disorders. Several factors can influence behavioral phenotype results, and therefore need to be considered in the context of data reproducibility. Due to developmental and degenerative processes the age of the subject can play a role, as well as the time point of testing due to the circadian rhythms affecting many biological processes. Therefore experimental subjects and controls of the same age should be tested concurrently; We have document the phenotype and recorded the examined date for each animals. These data may be used in the future baseline data analysis. In summary, during 2012, we have breed and established the p11 knockout mice colony, and documented genotype and behavioral phenotype. That is important step for us to finish our Task 2 and Task 3.

Table. 1. Breeders and Litters

Strain	Description		Gender	Age weeks	Genotype	Quantity
005359	B6.Cg-Tg(Camk2a-cre)T29-1Stl/J	Breeder	M	10	HOM	2
005359	B6.Cg-Tg(Camk2a-cre)T29-1Stl/J	Breeder	M	11	HOM	3
005359	B6.Cg-Tg(Camk2a-cre)T29-1Stl/J	Breeder	M	13	HOM	5
908983	SA100A10	Breeder	F	06	HOM	12
908983	SA100A10	Breeder	F	09	HOM	6
908983	SA100A10	Breeder	F	10	HOM	2
908983	SA100A10	Breeder	F	13	HOM	2
908983	SA100A10	Breeder	F	14	HOM	4
908983	SA100A10	Breeder	F	15	HOM	2
908983	SA100A10	Breeder	F	18	HOM	2
908983	SA100A10	Breeder	F	25	HOM	3
908983	SA100A10	Breeder	F	28	HOM	2
908983	SA100A10	Breeder	M	13	HOM	1
908983	SA100A10	Breeder	M	14	HOM	2
908983	SA100A10	Breeder	M	15	HOM	1
908983	SA100A10	Breeder	M	18	HOM	1
908983	SA100A10	Breeder	M	25	HOM	2
908983	SA100A10	Breeder	M	28	HOM	2
908983	SA100A10	Pup	U	00	HOM	6
908983	SA100A10	Pup	U	01	HOM	20
908983	SA100A10	Pup	U	02	HOM	16

Total for Breeders and Litters: 96

Delayed Mating

Strain	Description	Gender		Age weeks	Genotype	Quantity
908983	SA100A10	Wean	F	03	HOM	3
908983	SA100A10	Wean	F	04	HOM	9
908983	SA100A10	Wean	F	05	HOM	7
908983	SA100A10	Wean	F	12	HOM	3
908983	SA100A10	Wean	F	13	HOM	2
908983	SA100A10	Wean	M	03	HOM	3
908983	SA100A10	Wean	M	04	HOM	4
908983	SA100A10	Wean	M	05	HOM	4

Total for Delayed Mating: 35

The new information of the p11 knockout mice provided on this report is accurate as of the date of the report. Because these are live animals, daily changes can occur which may affect next reported.

Task 2. To determine the effects of pretest administration of footshock stress or systemic corticosterone (the major glucocorticoid) on memory retrieval performance. This is no additional data for this task, because we are waiting for the final p11 knockout mice. The report for this task is the same as last report: We have examined the effects of pretest administration of footshock stress and systemic corticosterone (the major glucocorticoid) on memory retrieval performance and p11 expression in the mouse brain in p11 wild type mice, as we proposed. In this experiment, after footshock or treatment with corticosterone, memory performance was examined using a spatial water-maze procedure, then p11 expression levels in the hippocampus, amygdala and cortex of the mouse was determined by Western blot and real-time PCR. In this experiment, after a footshock or treatment with corticosterone, memory performance was examined using a spatial water-maze procedure. Then, p11 expression levels in the hippocampus, amygdala and cortex of the mouse were determined by Western blot and real-time PCR. All mice were housed in group cages (2-3) with free access to food and water. They were kept in the air-conditioned animal facility with a 12 hr light/dark cycle. All mice were identified by cage card. Body weight was taken before and after experiments.

It is expected to that footshock or corticosterone will impair memory retrieval and alter the expression of p11 in discrete regions of the mouse brain. If stress-induced memory retrieval impairment does not alter p11 expression, such findings would indicate that stress-induced retrieval impairment is independent of glucocorticoid-regulated P11 expression. The results will be confirmed in the proposed study with p11

knockout mice, when they are available in our lab. The procedures using animals have been approved by IACUC of our university. Briefly, a mouse was placed in a dark shock chamber and is acclimatized for 5 Min. The mouse was then subjected to 120 shock trials from which it cannot escape. Each shock (the unconditioned stimulus) is 0.45mA, lasts 15 seconds and is preceded by 3 seconds of a cue light (the conditioned stimulus). The period of time between shocks are randomized, between 22 and 68 seconds, and average 45 seconds.

In the memory test, the animals were placed into the water at and facing the sidewalls of the pool, at different start positions across trials, where they quickly learn to swim to the correct location with decreasing escape latencies by more direct swim paths. The tracking system measures the gradually declining escape latency across trials, and parameters such as path-length, swim-speed, and directionality in relation to platform location. Mice received one training session each day for 10 days. Each daily session began with a single reinforced probe trial, followed by four training trials. For the probe trials, the platform was lowered so that it was inaccessible and the mouse were placed in the water facing the pool wall at one of four start points (north, south, east, or west). The start points were counterbalanced across trials for all animals. Upon release into the water, the mouse was allowed to swim for 60 sec, at which point the platform was raised to within 1.5 cm of the water surface. An additional 60 sec were then allowed for the mouse to locate the platform and escape from the water. After escaping, the mouse remained on the platform for 30 sec before being removed. If the mouse fails to escape, it was guided to the platform and remained there for 30 sec. After completion of the daily probe trial, four training trials were given with the platform in the raised position (1.5 cm below the water surface) so that it will provide a means of escape from the water. The procedure was the same as for the probe trials, except that the mouse was allowed 120 sec to find the platform. On completion of training, mice were assigned to an immediate stress or non-stressed group. Stressed mice were stressed with food shock. Non-stressed mice were used as controls. We conducted a probe trial in which the escape platform was removed from the pool and each animal allowed to swim for 60 sec. A well-trained mouse swam to the target quadrant of the pool and repeatedly across the former location of the platform until starting to search elsewhere. This spatial bias will be used to constitute evidence for spatial memory. We found that footshock (30 min) resulted a significant decrease in the time spent on target, while producing no effect on time spent on opposite, indicating that stressed mice had significant impaired performance in the water-maze spatial task compared to control in p11 wild type (Fig 1).
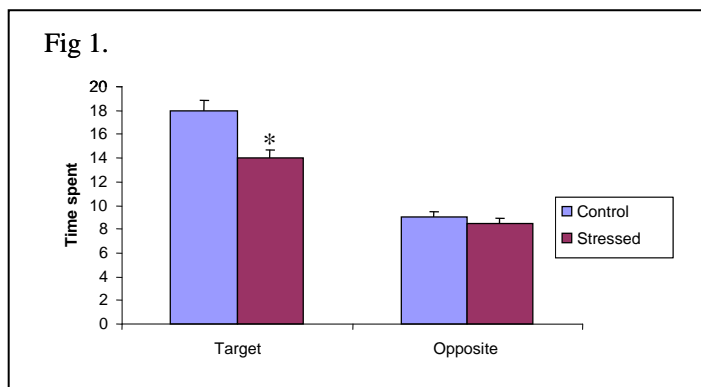

Fig 1. The effect of stress on memory retrieval. Mice had impaired performance in the water-maze spatial task after being given footshock 30 min compared to control in p11 wild type mice. P < 0.05

In this experiment, we also carried out the water-maze spatial task performance of animals treated with saline and animals treated with corticosterone and found corticosterone treatment resulted significant decrease of time spent, indicating a glucocorticoid-induced impaired memory retrieval performance (Fig 2).
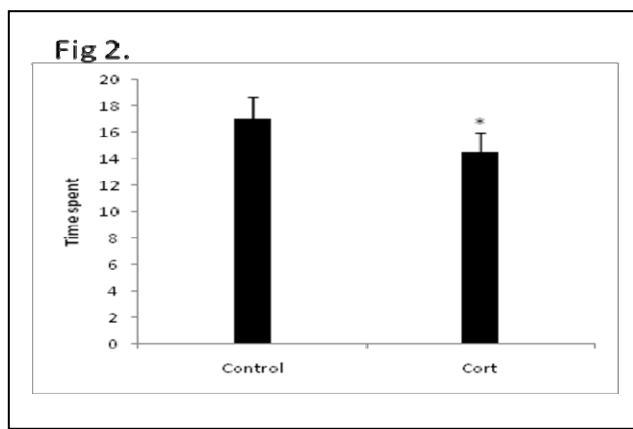
Fig 2. Effect of corticosterone one retention impairment. Cort, corticosterone. $p < 0.05$

Task 3. To determine the effects of pretest administration of footshock stress on p11 expression in the mouse brain by Westen Blot. This is no additional data for this task, because we are waiting for the final p11 knockout mice. The report for this task is the same as last report: We also examined the effect of stress on p11 expression in the hippocampus and amygdala by Western blot. The procedure for this experiment follows in the proposed methods. Briefly, control (n=10) and stressed mice (n=10) were decapitated. The brain was excised from each and sliced coronally using a vibratome. The hippocampus and amygdala were dissected from the slices and placed on dry ice immediately for Western blot and p11 mRNA expression studies. Protein concentration in the samples was determined by Bio-Rad Protein Concentration Reagent (Hercules, CA). Equal amounts of total protein (20 µg per lane) were resolved in 10% SDS polyacrylamide gels and blotted onto PVDF membranes for immunoblotting analysis. Protein expression was detected using a 1:500 dilution of mouse anti-p11 monoclonal antibody (BD Transduction Laboratories, Franklin Lakes, NJ) with a 1:1000 dilution of horseradish peroxidase-conjugated goat anti-mouse IgG as a secondary antibody (Bio-Rad Laboratories, Hercules, CA). The density values are presented as means ± S.D. from three experiments. The density was used to quantify immunoreactivity in terms of percentage of p11 induction relative to control (non-stressed mice).

Using Western blot, we found that stress results in increases of p11 expression in the three brain regions, indicating that p11 was up-regulated by stress exposure in wild type mice (Fig3).
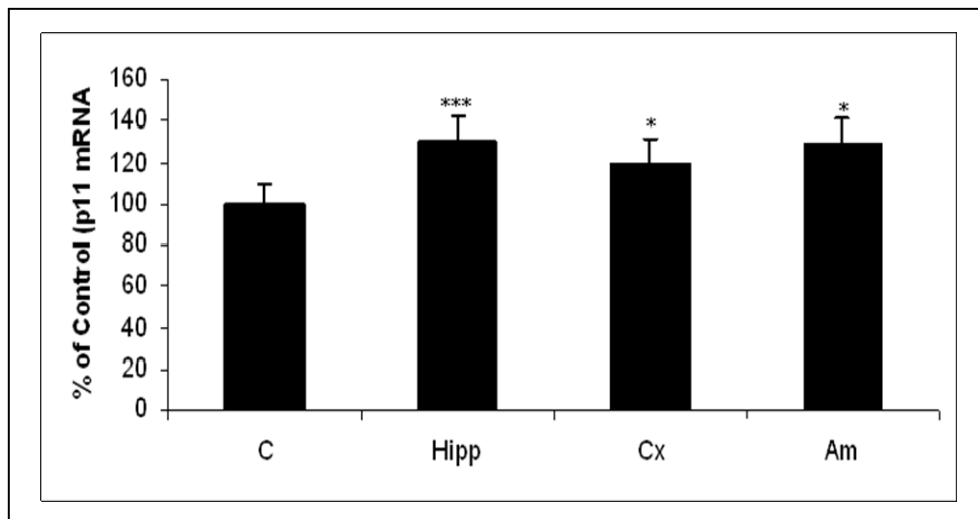
Fig 3.

Fig 3. Stress resulted in p11 up-regulation, as determined by Western Blot in the hippocampus and amygdala of wild type mice. The data were analyzed by Student's *t*-test; * P<0.05, *** P<0.001. C, Control; Hipp, Hippocampus; Cx, Cortex, Am, Amygdala.

Task 4. To determine p11 mRNA expression in the mouse brain by real-time PCR. In this experiment, after footshock or treatment with corticosterone, memory performance will be examined using a spatial water-maze procedure, then p11 mRNA expression levels in the hippocampus, amygdala and cortex of the mouse will be determined by real-time PCR. In our lab brain tissue is placed in a 10 ml Wheaton® glass homogenization tube, which increases the entire volume (tissue + buffer) to a total of 2 ml with the homogenization buffer. An appropriate sized pestle is placed in the homogenization tube containing the organ and buffer. Brain tissue is then homogenized using the tissue grinder: RW16 Basic S1 Overhead stirrer (IKA® works Inc., Wilmington NC) set at a speed of approximately 1300 rpm. Going up and down the tube only twice, the pestle keeps each sample homogenous. Based on the volume, homogenate is poured into a 2 ml tube and sonicated for 30 seconds with the VirSonic sonicator.

We use organic extraction protocols to begin the lysis and homogenization of brain tissues in a proprietary, monophasic solution of phenol and guanidinium isothiocyanate. Chloroform is then added, followed by centrifugation to separate the RNA from gDNA and proteins. The aqueous phase is removed and the RNA is precipitated, washed, and solubilized in RNase-free water. Using organic extraction, this procedure yields RNA of the highest quality.

At the end of the extraction procedure, quantitation is done by taking the spectrophotomic absorbance at 260 nm (Eppendorf Biophotometer). Assessment of RNA quality is done by both electrophoresis and the calculation of a spectrophotomic A260/A280 ratio. The A260/A280 ratio falls in the range of 1.8 - 2.2. Electrophoresis is performed on an agarose gel for samples in which 1ug can be spared for the analysis. Electrophoresis results show two strong, distinct bands representing ribosomal RNA and a light smear behind the ribosomal bands representing messenger RNA. In addition, significantly higher molecular weight products indicative of contaminated genomic DNA are not observed.

RNA was extracted from mouse hippocampus and amygdala tissue lysates using TRIzol. cDNA was generated from 3ug of total RNA using Superscript III RT (reverse transcriptase) and oligo (dT) primers (Invitrogen). Real-time PCR was performed on the generated cDNA product in the IQ5 system using SYBR Green (Bio-Rad). The following sequences for p11 mRNA analyses were used: forward 5'-TGCTCATGGAAAGGGAGTTC-3' and reverse 5'-CCCCGCCACTAGTGATAGAA-3' primers. Beta-actin mRNA levels were unchanged by treatment and were used as an internal control for normalizing p11 mRNA levels in control and experimental samples. Sequences for beta-actin primers were as described by Applied Biosystems. Dilution curves confirmed the linear dependence of the threshold cycle number on the concentration of template RNAs. Relative quantification of p11 mRNA in control and experimental samples was obtained using the standard curve method. Statistics were performed using GraphPad Prism (GraphPad Software, Inc. San Diego, CA).

We found stress and treatment of corticosterone resulted in increases of p11 mRNA expression levels in the hippocampus of wild type mice. Our results suggested stress up-regulated p11 at gene levels in the hippocampus, a brain region associated with memory (Fig4).
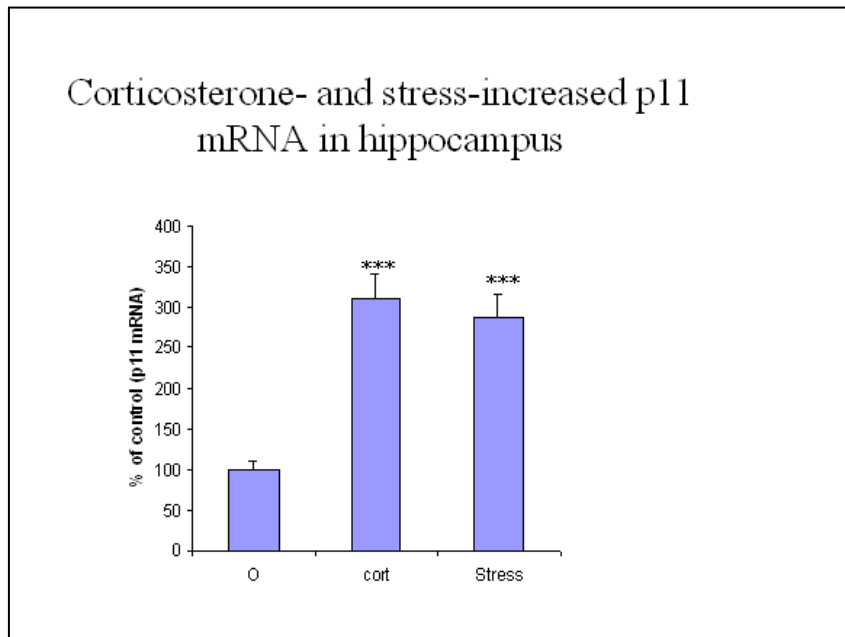
Fig 4.

Fig. 4 The effects of stress and corticosterone on the p11 mRNA levels in mice hippocampus. Both stress and corticosterone (Cort) increased p11 expression levels in wild type mice hippocampus. The data were analyzed by Student's *t*-test; $P < 0.05$

Summary of Experimental Results of Task 2, 3 and 4
- Footshock and corticosterone significantly decreased the time spent on target and produced no effect on time spent on opposite, indicating a significant impaired performance in the water-maze spatial task in stressed mice compared to control in p11 wild type.
- Stress resulted in p11 protein up-regulation, as determined by Western Blot in the hippocampus, cortex and amygdala of wild type mice.
- Stress and corticosterone resulted in p11 mRNA up-regulation, as determined by real-time PCR in the hippocampus, a brain region associated with memory function.

KEY RESEARCH ACCOMPLISHMENTS May 1, 2008 through Sept. 14, 2012

- To get Knockout mice and footshock protocol approval at USUHS.
- Design and negotiate with companies to develop our own p11 knockout mice.
- Examine the effect of footshock and corticosterone on memory preference in wild type mice using proposed protocol.
- Examine the effect of footshock on p11 protein expression in the three brain regions which are associated with memory in wild type mice using Western Blot.
- P11 antibodies and Western Blot procedure were tested and validated in wild type mice.
- Examine the effect of footshock and corticosterone on p11 mRNA expression in hippocampus, which plays a major role in memory retrieval.
- Real time PCR procedure were tested and validated in wild type mice.
- Breeding and genotyping of P11 knockout mice is begun
- Received 96 Breeders and Litters and 35 Delayed Mating; and mated the SA100A10 hom females with Camk2a-cre hom males. p11 knockout mice was obtained.

REPORTABLE OUTCOMES
- Oral and poster presentation at the Military Health Research Forum, August 31-September 3, 2009 in Kansas City, MO.

CONCLUSION

Our results indicate that besides the well described effects of stress and glucocorticoids on the acquisition and consolidation processes, stress and glucocorticoids also affect memory retrieval mechanisms, p11 protein expression in the hippocampus, cortex and amygdala and p11 mRNA expression in the hippocampus in wild type mice. Stress and glucocorticoids resulted in p11 over expression in the mouse brain. The detailed molecular mechanism of p11 in memory retrieval will be determined in p11 knock-out mice, which is our on-going task. ***In 2012, we have received 96 breeders and litters, 35 delayed mating, and mated the SA100A10 hom females with Camk2a-cre hom males. p11 knockout mice was obtained.*** p11 knock-out mice will help us to understand the possible role of p11 in memory. This will help in the development of a strategy for the treatment of stress related disorders such as depression and PTSD.

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